

USPF Las Vegas Open and Collegiate Nationals
 April 4, 2009
 Las Vegas, NV

Place	NAME	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
Las Vegas Open & Collegiate National Powerlifting							
123 Open Women							
1	Bonnie Aerts	119.00	50	187.39	132.28	259.04	578.71
132 Master Women 45-49							
1	Lisa Johnson	131.50	46	154.32	77.16	214.95	446.43
123 Master Women 50-54							
1	Bonnie Aerts	119.00	50	187.39	132.28	259.04	578.71
132 Master Women 50-54							
1	Sabra Callahan	126.80	53	231.48	209.44	259.04	699.96
165 Junior Men 20-23							
1	Kevin Rowe	156.40	21	253.53	181.88	451.94	887.35
220 Junior Men 20-23							
1	Phil Thompson	214.00	23	435.41	314.16	462.97	1212.53
242 Junior Men 20-23							
1	Garrett Muro	237.80	20	573.20	341.71	694.45	1609.36
148 Open Men							
1	Darren Matsumoto	148.70	44	584.22	446.43	534.62	1565.27
165 Collegiate Men							
1	Matthew Weeks	164.80	21	281.09	264.55	341.71	887.35
181 Collegiate Men							
1	Jason Sadora	175.20	23	374.78	286.60	529.10	1190.48
2	Andrew Hooyman	178.20	21	374.78	314.16	402.34	1091.28
198 Open Men							
1	Anthony Day	197.70	33	462.97	319.67	501.55	1284.18
198 Collegiate Men							
1	Carlos Solis	187.00	29	363.76	264.55	402.34	1030.65
2	Patrick Sims	194.80	22	336.20	314.16	336.20	986.56
220 Open Men							
1	Damion Gittens	202.80	28	600.75	473.99	622.80	1697.54
2	Lance Iman	204.60	26	540.13	407.85	507.06	1455.04
242 Collegiate Men							
1	Jeremy Schraw	237.20	21	402.34	264.55	446.43	1113.32
275 Collegiate Men							
1	Cody Blackburn	261.60	18	573.20	231.48	551.15	1355.83
308 Open Men							
1	Craig Dinger	295.40	38	501.55	380.29	600.75	1482.59
165 Master Men 45-49							

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1	Fulton White	165.20	49	473.99	336.20	551.15	1361.34
	198 Master Men 45-49						
1	Victor Calia	197.80	45	562.17	413.36	622.80	1598.34
	275 Master Men 45-49						
1	Dave Johnson	264.40	46	529.10	424.39	551.15	1504.64
	308 Master Men 45-49						
1	Eric Welch	303.10	46	573.20	457.45	672.40	1703.05
	Las Vegas Open Benchpress						
	123 Open Women						
1	Bonnie Aerts	119.00	50		132.28		132.28
	148 Open Women						
1	Leonetta Richardson	148.00	31		330.69		330.69
	123 Master Women 50-54						
1	Bonnie Aerts	119.00	50		132.28		132.28
	181 Junior Men 20-23						
1	Zach Miller	179.00	21		369.27		369.27
	148 Open Men						
1	Mark Joseph	146.80	26		297.62		297.62
	165 Open Men						
1	Matt Reep	158.00	35		363.76		363.76
	198 Open Men						
DQ	Richard Rhinehart	184.40	31		-275.00		O
	242 Open Men						
1	Lance Rector	237.20	31		551.15		551.15
	308 Open Men						
1	Alan Aerts	276.20	52		468.48		468.48
2	Tom Masters	291.60	33		446.43		446.43
	165 Submaster Men 35-39						
1	Matt Reep	158.00	35		363.76		363.76
	308 Master Men 45-49						
1	Eric Welch	303.10	46		457.45		457.45
	308 Master Men 50-54						
1	Alan Aerts	276.20	52		468.48		468.48
	165 Master Men 55-59						
1	Gary Miller	153.20	57		336.20		336.20
	308 Master Men 60-64						
1	Ron Moormeister	278.40	62		451.94		451.94

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Place	NAME	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
	198 Master Men 70-74						
1	William Prince	196.20	71		303.13		303.13
Las Vegas Open Deadlift							
	123 Open Women						
1	Bonnie Aerts	119.00	50			259.04	259.04
	181 Master Women 40-44						
1	Zee Helmick	169.00	42			203.93	203.93
						4th-209	
	123 Master Women 50-54						
1	Bonnie Aerts	119.00	50			259.04	259.04
						4th-264	
	242 Junior Men 20-23						
1	Garrett Muro	237.80	20			694.45	694.45
	275 Open Men						
1	Joe Dentice	250.20	50			589.73	589.73
	308 Open Men						
1	Eric Welch	303.10	46			672.40	672.40
2	Alan Aerts	276.20	52			540.13	540.13
	308 Master Men 45-49						
1	Eric Welch	303.10	46			672.40	672.40
	275 Master Men 50-54						
1	Joe Dentice	250.20	50			589.73	589.73
	308 Master Men 50-54						
1	Alan Aerts	276.20	52			540.13	540.13
	165 Master Men 55-59						
1	Gary Miller	153.20	57			358.25	358.25
Las Vegas Open Push-Pull							
	123 Open Women						
1	Bonnie Aerts	119.00	50		132.28	259.04	391.32
	123 Master Women 50-54						
1	Bonnie Aerts	119.00	50		132.28	259.04	391.32
						4th-264	
	242 Junior Men 20-23						
1	Rob Schroeder	237.00	20		275.58	462.97	738.54
	242 Open Men						
1	Denver Buchanan	230.40	30		358.25	485.01	843.26
2	Rob Schroeder	237.00	20		275.58	462.97	738.54
	308 Open Men						
1	Alan Aerts	276.20	52		468.48	540.13	1008.60

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	165 Master Men 45-49						
1	Fulton White	165.20	49		336.20	551.15	887.35
	308 Master Men 50-54						
1	Alan Aerts	276.20	52		468.48	540.13	1008.60
Meet Director/Promoter: Joe Dentice							
I would like to say a Huge Thank you to my sponsor:							
Team Alan & Bonnie Aerts							
Huge Thanks to BFC Chuck LaMantia for his excellent music and DJ services!							
and a big thank you to Tom Miller-score cards, Kellie LaMantia-Barloading program.							
Thanks to UNLV Fitness & Wellness center for providing a very fine venue.							
Thanks to Blake Simpferfer, Program coordinator at UNLV							
Huge thanks to our spotters: Elias Nolasco, Adrian Hill, Erin Nishimura,							
Anthony Fregoso, Tom Moormeister, David Morley, Zach Porter.							
Thanks to our vendor:							
House of Pain Ironwear, Chris Grantano							
A Huge Thanks to all our great referees:							
Alan Aerts, National							
Steve Matthews, National							
Steve Denison, International							
Scott Layman, National							
Joe Dentice, International							
Kellie LaMantia, State							
Powerlifting Best Lifters:							
Master Women: Sabra Callahan							
Collegiate Men: Cody Blackburn							
Junior Men: Garrett Muro							
Open Men: Darren Matsumoto							
Master Men: Fulton White							
Benchpress Best Lifters:							
Open Men: Lance Rector							
Master Men: Ron Moormeister							
Deadlift Best Lifters:							
Open Men: Eric Welch							
Master Men: Eric Welch							
PushPull Best Lifters:							
Open Men: Alan Aerts							
Team Awards:							
1st place: Team Alan & Bonnie Aerts: Bonnie Aerts, Alan Aerts, Darren Matsumoto,							
Leo Richardson, Joe Dentice, Ron Moormeister. Alternate: Zee Helmick							
2nd place: USMC Camp Pendleton							
Matthew Reep, Anthony Day, Phillip Thompson, Zach Miller, Rob Schroeder							