

**UNITED STATES POWERLIFTING FEDERATION  
American Records - Men**

**Category: Junior (13-15)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat	180.5	398.0	Trey Cunningham	07/12/97
	Bench Press	120.0	264.5	Jon Shorr	06/28/85
	Deadlift	162.5	358.0	Roderic Gillen	08/09/86
	TOTAL	417.5	920.2	B. Hall	04/14/84
56kg/123.5lb	Squat	182.5	402.2	J. Okubo	08/01/81
	Bench Press	102.5	225.7	Howard Miller	08/06/82
	Deadlift	172.5	380.2	Carl Carlson	06/28/85
	TOTAL	430.0	947.7	Howard Miller	08/06/82
60kg/132.2lb	Squat	215.0	473.7	Eric Poulin	08/04/90
	Bench Press	122.5	270.0	Dan Johnson	08/05/83
	Deadlift	202.5	446.4	Giorgio Usai	03/12/94
	TOTAL	505.0	1113.2	Eric Poulin	08/04/90
67.5kg/148.7lb	Squat	209.5	461.7	Pete Bounds	03/02/91
	Bench Press	147.5	325.0	S. Friday	02/25/84
	Deadlift	230.0	507.0	Francis Gervasio	06/28/85
	TOTAL	512.5	1129.7	Francis Gervasio	06/28/85
75kg/165.2lb	Squat	240.0	529.0	Rodney Whitehead	08/06/82
	Bench Press	143.7	316.7	K. Lee	08/06/82
	Deadlift	252.5	556.5	Rodney Whitehead	08/06/82
	TOTAL	605.0	1333.7	Rodney Whitehead	08/06/82
82.5kg/181.7lb	Squat	215.0	473.7	Keith Drake	02/01/86
	Bench Press	145.0	319.5	Brian Critchfield	04/03/93
	Deadlift	222.5	490.5	B. Bozinis	08/04/90
	TOTAL	537.5	1184.7	Keith Drake	02/01/86
90kg/198.2lb	Squat	247.5	545.5	Brian Critchfield	03/13/94
	Bench Press	162.5	358.0	Brian Critchfield	03/13/94
	Deadlift	260.0	573.0	S. Keller	08/06/82
	TOTAL	637.5	1405.2	Brian Critchfield	03/13/94
100kg/220lb	Squat	242.5	534.5	Mike Kykendal	08/02/87
	Bench Press	165.5	364.7	L. Pritchett	07/21/90
	Deadlift	247.5	545.2	Allen Wentworth	12/04/82
	TOTAL	640.0	1410.7	Mike Kykendall	08/02/87
110kg/242lb	Squat	290.0	639.2	Tavita Sagapolu	08/02/81
	Bench Press	165.0	363.7	Tavita Sagapolu	08/02/81
	Deadlift	275.0	606.2	Tavita Sagapolu	08/02/81
	TOTAL	730.0	1609.2	Tavita Sagapolu	08/02/81
125kg/275lb	Squat	250.0	551.0	B. Jeffries	07/30/89
	Bench Press	150.0	330.5	Hunter Poole	03/25/06
	Deadlift	265.0	584.0	M. Smith	08/02/87
	TOTAL	605.0	1333.7	B. Jeffries	07/30/89
140kg/308	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140+kg/SHW	Squat	320.0	705.2	Jason Wisner	08/07/88
	Bench Press	182.5	402.2	Jason Wisner	08/07/88
	Deadlift	292.5	644.7	Jason Wisner	08/07/88
	TOTAL	795.0	1752.5	Jason Wisner	08/07/88

**UNITED STATES POWERLIFTING FEDERATION  
American Records - Men**

**Category: Juniors (16-17)**

<b>WEIGHT</b>	<b>LIFT</b>	<b>KGS</b>	<b>LBS</b>	<b>NAME</b>	<b>DATE</b>
52kg/114.5lb	Squat	181.4	400.0	Sean Augustin	03/14/87
	Bench Press	127.5	281.0	Harold Escobedo	08/09/80
	Deadlift	205.0	451.7	Fred Toins	08/01/81
	TOTAL	457.5	1008.5	Harold Escobedo	08/09/80
56kg/123.5lb	Squat	197.5	435.2	G. Mumford	04/14/79
	Bench Press	127.5	281.0	Scott Frostbaum	06/17/78
	Deadlift	212.5	468.2	Timothy Taylor	06/02/84
	TOTAL	482.5	1063.5	Timothy Taylor	06/02/84
60kg/132.2lb	Squat	250.0	551.0	Eric Poulin	05/01/92
	Bench Press	137.5	303.0	Howard Miller	06/02/84
	Deadlift	227.5	501.5	Howard Miller	06/02/84
	TOTAL	585.0	1289.5	Howard Miller	06/02/84
67.5kg/148.7lb	Squat	255.0	562.0	Shawn Franklin	03/02/91
	Bench Press	160.0	352.2	Ron Melquist	08/09/86
	Deadlift	250.0	551.0	Frank Wanzo	04/27/85
	TOTAL	640.0	1410.7	S. Schneider	08/27/84
75kg/165.2lb	Squat	265.0	584.0	Chris Coldwell	07/27/89
	Bench Press	172.5	380.2	Randy Sanzone	08/06/83
	Deadlift	282.5	622.7	Bobby Fowlkes	06/29/85
	TOTAL	657.5	1449.5	Ricco Impastato	08/06/88
82.5kg/181.7lb	Squat	275.0	606.2	J. R. Bosarge	10/06/90
	Bench Press	182.5	402.2	Michael Hulgan	08/09/86
	Deadlift	297.5	655.7	Rodney Whitehead	08/05/84
	TOTAL	690.0	1521.0	Rodney Whitehead	08/05/84
90kg/198.2lb	Squat	283.4	624.7	Robert Eucher	03/23/91
	Bench Press	192.5	424.2	Joe Ladnier	08/02/81
	Deadlift	292.5	644.7	Joe Ladnier	08/02/81
	TOTAL	760.0	1675.2	Joe Ladnier	08/02/81
100kg/220lb	Squat	320.0	705.2	S. Grimes	02/21/88
	Bench Press	215.0	473.7	M. Byrd	03/03/84
	Deadlift	317.5	699.7	William McMillian	06/29/85
	TOTAL	772.5	1703.0	S. Grimes	02/21/88
110kg/242lb	Squat	320.0	705.2	Dave Pasanella	08/10/80
	Bench Press	200.0	440.7	Dave Pasanella	08/10/80
	Deadlift	312.5	688.7	Dave Pasanella	08/10/80
	TOTAL	832.5	1835.2	Dave Pasanella	08/10/80
125kg/275lb	Squat	338.4	746.0	Allen Wentworth	11/04/84
	Bench Press	214.3	472.7	Allen Wentworth	11/04/84
	Deadlift	287.0	632.7	Allen Wentworth	11/04/84
	TOTAL	839.7	1851.0	Allen Wentworth	11/04/84
140kg/308	Squat	222.5	490.5	David Ortega	05/19/07
	Bench Press	157.5	347.2	David Ortega	08/11/07
	Deadlift	240.0	529.1	David Ortega	08/11/07
	TOTAL	620.0	1366.9	David Ortega	08/11/07
140+kg/SHW	Squat	380.0	837.7	Jason Wisner	03/03/90
	Bench Press	212.5	468.2	Jason Wisner	03/03/90
	Deadlift	317.5	699.7	Jason Wisner	03/03/90
	TOTAL	910.0	2006.0	Jason Wisner	03/03/90

**UNITED STATES POWERLIFTING FEDERATION  
American Records - Men**

**Category: Juniors (18-19)**

<b>WEIGHT</b>	<b>LIFT</b>	<b>KGS</b>	<b>LBS</b>	<b>NAME</b>	<b>DATE</b>
52kg/114.5lb	Squat	180.5	397.9	Trey Cunningham	07/12/97
	Bench Press	145.0	319.5	Harold Escobedo	06/04/82
	Deadlift	200.0	440.7	Philip Hile	08/09/86
	TOTAL	508.9	1121.7	Harold Escobedo	06/04/82
56kg/123.5lb	Squat	215.0	473.7	Lance Mays	03/20/93
	Bench Press	133.8	294.7	F. Wilson	03/27/84
	Deadlift	220.0	485.0	Roman Garcia	11/13/04
	TOTAL	545.0	1201.5	Lance Mays	03/20/93
60kg/132.2lb	Squat	227.5	501.5	Michael Kimura	08/09/86
	Bench Press	147.5	325.0	Michael Kimura	08/09/86
	Deadlift	252.5	556.5	D. Gray	04/13/79
	TOTAL	575.0	1267.5	Michael Kimura	08/09/86
67.5kg/148.7lb	Squat	272.5	600.7	Jesse Kellum	06/01/85
	Bench Press	177.5	391.2	Chris Follenius	02/07/87
	Deadlift	272.5	600.7	H. Hoffman	08/01/81
	TOTAL	672.5	1482.5	Ty Stapleton	04/05/86
75kg/165.2lb	Squat	297.5	655.7	Calvin Dial	05/02/92
	Bench Press	185.0	407.0	Donald Robbins	04/11/87
	Deadlift	307.5	677.9	Vinson Keyhea	08/01/81
	TOTAL	747.5	1647.7	L. Kee	08/07/82
82.5kg/181.7lb	Squat	310.0	683.2	Patrick Roche	08/02/87
	Bench Press	194.7	429.0	Tim Knauber	06/02/84
	Deadlift	310.0	683.2	Rodney Whitehead	08/10/86
	TOTAL	730.0	1609.2	Patrick Roche	08/02/87
90kg/198.2lb	Squat	345.0	760.5	Scott Smith	08/18/90
	Bench Press	227.5	501.5	Jim Benson Jr	12/03/05
	Deadlift	317.5	699.7	Chip McCain	08/18/90
	TOTAL	855.0	1884.7	Scott Smith	08/18/90
100kg/220lb	Squat	380.0	837.7	Joe Ladnier	07/24/83
	Bench Press	237.5	523.5	Joe Ladnier	07/24/83
	Deadlift	340.0	749.5	Joe Ladnier	07/24/83
	TOTAL	957.5	2110.7	Joe Ladnier	07/24/83
110kg/242lb	Squat	365.0	804.5	Mark Schellen	08/02/81
	Bench Press	228.0	502.5	Derryl Mallard	08/19/89
	Deadlift	340.0	749.5	Dave Pasanella	08/02/81
	TOTAL	917.5	2022.5	Mark Schellen	08/02/81
125kg/275lb	Squat	382.5	843.2	Kyle Brown	06/30/85
	Bench Press	235.0	518.0	Dave Pasanella	08/08/82
	Deadlift	355.5	783.7	Dave Pasanella	08/08/82
	TOTAL	932.5	2055.7	Kyle Brown	06/30/85
140kg/308lb	Squat	320.0	705.4	Danny Flonta	02/16/08
	Bench Press	255.0	562.1	Danny Flonta	02/16/08
	Deadlift	292.5	644.8	Danny Flonta	02/16/08
	TOTAL	867.5	1912.4	Danny Flonta	02/16/08
140+kg/SHW	Squat	352.5	777.0	Frank Achtsam	04/08/00
	Bench Press	277.5	611.7	Anthony Clark	08/10/86
	Deadlift	330.0	727.5	George Hechter	08/02/81
	TOTAL	895.0	1973.0	George Hechter	08/02/81

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Juniors (20-23)**

<b>WEIGHT</b>	<b>LIFT</b>	<b>KGS</b>	<b>LBS</b>	<b>NAME</b>	<b>DATE</b>
52kg/114.5lb	Squat	157.5	347.0	Michael Waton	04/10/93
	Bench Press	100.0	220.2	Anthony Jenkins	10/12/96
	Deadlift	182.5	402.2	Anthony Jenkins	10/12/96
	TOTAL	430.0	947.7	Anthony Jenkins	10/12/96
56kg/123.5lb	Squat	190.0	418.7	Clarence Fielder	09/04/91
	Bench Press	130.0	286.5	Clarence Fielder	09/04/91
	Deadlift	220.0	485.0	Clarence Fielder	09/04/91
	TOTAL	540.0	1190.2	Clarence Fielder	09/04/91
60kg/132.2lb	Squat	218.0	481.0	Robert Wood	07/12/97
	Bench Press	150.0	330.5	Red Sandoval	04/10/93
	Deadlift	245.0	540.0	James Benemerito	05/01/92
	TOTAL	595.0	1311.5	James Benemerito	05/01/92
67.5kg/148.7lb	Squat	295.0	650.0	T.J. Hoerner	04/08/00
	Bench Press	155.0	341.5	Wade Hooper	05/01/92
	Deadlift	272.5	601.0	T.J. Hoerner	07/24/99
	TOTAL	707.5	1559.8	T.J. Hoerner	07/24/99
75kg/165.2lb	Squat	265.0	584.0	Matt Jenkins	05/02/92
	Bench Press	172.5	380.2	Scott Spivey	10/12/96
	Deadlift	252.5	556.5	Duane McMillon	10/30/93
	TOTAL	657.5	1449.5	Matt Jenkins	05/02/92
82.5kg/181.7lb	Squat	337.5	744.0	Patrick Roche	05/02/92
	Bench Press	175.0	385.7	Patrick Roche	05/02/92
	Deadlift	292.5	644.7	Shawn Hoover	04/11/93
	TOTAL	790.0	1741.5	Patrick Roche	05/02/92
90kg/198.2lb	Squat	342.5	755.0	Ricky Williams	05/03/92
	Bench Press	220.0	485.0	Trenton Wade	06/25/05
	Deadlift	295.0	650.2	M. Mitchell	05/03/92
	TOTAL	795.0	1752.5	Ricky Williams	05/03/92
100kg/220lb	Squat	337.5	744.0	Phillip Farmer	05/03/92
	Bench Press	230.0	507.1	Richard Pinelli	03/01/07
	Deadlift	320.0	705.2	Phillip Farmer	05/03/92
	TOTAL	872.5	1923.5	Phillip Farmer	05/03/92
110kg/242lb	Squat	360.0	793.5	Larry Brown	10/31/93
	Bench Press	230.0	507.0	Scott Smith	10/31/93
	Deadlift	332.5	733.0	Chris Dahlen	11/15/03
	TOTAL	910.0	2006.5	Scott Smith	10/31/93
125kg/275lb	Squat	368.5	812.2	Scott Smith	07/31/94
	Bench Press	312.5	688.9	Mike Womack	06/18/05
	Deadlift	322.5	710.7	Scott Smith	07/31/94
	TOTAL	930.0	2050.2	Scott Smith	07/31/94
140kg/308lb	Squat	352.5	777.0	Chadwick Cornett	12/06/03
	Bench Press	272.5	600.0	Brian Siders	03/30/00
	Deadlift	305.0	672.0	Brian Siders	03/30/00
	TOTAL	870.0	1917.0	Brian Siders	03/30/00
140+kg/SHW	Squat	457.5	1008.5	Shane Hamman	03/10/96
	Bench Press	250.0	551.0	Shane Hamman	07/23/95
	Deadlift	322.5	710.7	Daniel Troxler	08/22/92
	TOTAL	1020.0	2248.5	Shane Hamman	07/23/95