

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Women

Category: : Juniors (13-15)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lbs	31.0/68.3	Geri Cunningham	03/19/05
48kg/105.7lbs			
52kg/114.5lbs	52.5/115.5	Amanda Harris	11/19/05
56kg/123.5lbs	57.5/126.7	Jake Shendow	06/12/99
60kg/132.2lbs	50.0/110.2	Madison James	01/25/09
67.5kg/148.7lbs	52.5/115.7	Madison James	03/28/09
75kg/165.2lbs	45.0/99.0	Tracy LaCourse	02/22/97
82.5kg/181.7lbs	72.5/159.7	Margot O'Halloran	10/23/05
90kg/198.2lbs			
90+kg/198.2+lbs			

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American Records -- Single Lift

Bench Press -- Women

Category: : Juniors (16-17)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lbs	40.0/88.0	Penny Mann	03/04/95
48kg/105.7lbs	55.0/121.2	Wendy Hendrick	03/04/95
52kg/114.5lbs	87.5/192.9	Ambyr Reyes	03/29/08
56kg/123.5lbs	77.5/170	Lori Jeffrey	03/04/95
60kg/132.2lbs	75.0/165.2	Tasha Griffin	01/07/95
67.5kg/148.7lbs	60/132.3	Sydney Mitchell	06/14/08
75kg/165.2lbs	80.0/176.2	Jennifer Irish	05/17/97
82.5kg/181.7lbs	72.5/159.7	Kim Atencio	12/10/05
90kg/198.2lbs	72.5/159.8	Heather Keola	09/27/08
90+kg/198.2+lbs	57.5/126.7	Heather McComas	03/05/95

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American Records -- Single Lift

Bench Press -- Women

Category: : Juniors (18-19)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lbs	60.0/132.2	Brandy Campbell	02/22/97
48kg/105.7lbs	52.5/115.5	Chelsea Wight	02/22/97
52kg/114.5lbs	72.5/159.5	Brandy Campbell	09/13/97
56kg/123.5lbs	57.5/126.7	Darlene Bartek	12/18/99
60kg/132.2lbs	82.5/181.7	Kylee Pierceall	05/17/97
67.5kg/148.7lbs	70.0/154.2	Shannon Brinkley	02/22/97
75kg/165.2lbs	90.0/198.2	Jessica Porter	06/10/06
82.5kg/181.7lbs			
90kg/198.2lbs	97.5/214.7	Lynelle Brode	12/18/98
90+kg/198.2+lbs	112.5/248.0	Griselda Gonzalez	02/21/09

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Women

Category: : Juniors (20-23)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lbs			
48kg/105.7lbs	37.5/82.7	Jessica Rankin-Gee	06/09/07
52kg/114.5lbs	60.0/132.2	Valerie Moore	03/04/95
56kg/123.5lbs	100.0/220.2	Jeri Lipert	03/02/96
60kg/132.2lbs	82.5/181.7	Jennifer Robertson	05/07/00
67.5kg/148.7lbs	97.5/214.7	Judith Sverchek	09/13/97
75kg/165.2lbs	57.5/126.7	DiAnna Lainhart	11/12/94
82.5kg/181.7lbs	150.0/330.5	Kelly Womack	10/23/05
90kg/198.2lbs	42.5/93.7	Monique Little	10/06/07
90+kg/198.2+lbs	150.0/330.6	Jessica Work	01/31/09