

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (40-44)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs	132.5/292.0	Don Miles	05/17/97
67.5kg/148.7lbs	150.0/330.5	Jerry Swift	10/05/02
75kg/165.2lbs	195.0/429.0	Ronnie Sakaguchi	09/02/90
82.5kg/181.7lbs	217.5/479.5	Byron Beebe	03/02/96
90kg/198.2lbs	237.5/523.5	Bruce Mendoza	08/02/08
100kg/220.2lbs	237.5/523.5	Bob Dunham	06/09/07
110kg/242.5lbs	260.0/573.0	Bryon Brubaker	03/31/07
125kg/275.5lbs	305.5/673.5	Scott Hoekstra	03/30/08
140kg/308.5lbs	337.5/744.0	Jeff Peshek	08/19/06
140+kg/SHW	297.5/655.7	David Marchant	03/19/05

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (45-49)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs	127.5/281.0	Ken Wooddell	11/04/95
67.5kg/148.7lbs	162.5/358.2	Sheldon Weingust	12/03/00
75kg/165.2lbs	182.5/402.2	Sheldon Weingust	06/08/02
82.5kg/181.7lbs	192.5/424.2	Filomen Pitassi	07/07/92
90kg/198.2lbs	200.0/440.7	Raymond Dohaniuk	05/17/97
100kg/220.2lbs	262.5/578.5	Gene Bell	08/28/04
110kg/242.5lbs	267.5/589.5	Clinton Sims	09/09/06
125kg/275.5lbs	250.0/551.2	Mike Lutz	12/08/07
140kg/308lbs	265.0/584.0	Steve Denison	07/21/07
140+kg/SHW	250.0/551.0	Junior Faamasili	03/02/96

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (50-54)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs	95.0/209.2	Jerry Kahn	07/31/99
60kg/132.2lbs	95.0/209.2	Iain Burgess	08/27/94
67.5kg/148.7lbs	165.0/363.7	Joe Bebe	02/22/97
75kg/165.2lbs	157.5/347.2	Al Nebo	09/27/08
82.5kg/181.7lbs	182.5/402.2	Jim Merlino	06/24/89
90kg/198.2lbs	190.0/418.7	Don Mike Gillis	03/02/96
100kg/220.2lbs	235.0/518.0	Mark Modesitt	11/01/08
110kg/242.5lbs	237.5/523.5	Mark Modesitt	01/28/07
125kg/275.5lbs	220.5/486.1	Alan Aerts	02/21/09
140kg/308.5lbs	237.5/523.5	Steven Brown	03/31/07
140+kg/SHW	275.0/606.2	Frank Beeler	10/23/05

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (55-59)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs	102.5/225.7	Steve Tamerius	11/21/04
75kg/165.2lbs	152.5/336.2	Gary Miller	04/04/09
82.5kg/181.7lbs	180.0/396.8	Arthur Fu	03/28/09
90kg/198.2lbs	182.5/402.2	Moses Caballero	03/02/96
100kg/220.2lbs	212.5/468.2	James Cash	11/13/04
110kg/242.5lbs	205/451.9	Alvin Waldon	06/14/08
125kg/275.5lbs	245.0/540.1	Dan Varela	07/02/05
140kg/308.5lbs	242.5/534.5	Brian Meek	02/19/06
140+kg/SHW	190.0/418.7	H. Hurley	05/19/91

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (60-64)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs	132.5/292.1	Bryan Yager	01/25/09
67.5kg/148.7lbs	132.5/292.0	Bryan Yager	05/19/07
75kg/165.2lbs	145.0/319.5	Art Menton	03/25/06
82.5kg/181.7lbs	157.5/347.2	David Cummerow	12/13/08
90kg/198.2lbs	170.5/375.88	Ken Carpenter	03/19/05
100kg/220.2lbs	192.5/424.3	Dave Marba	09/27/08
110kg/242.5lbs	215.0/473.7	Chris Haudenschild	05/05/07
125kg/275.5lbs	242.5/534.5	Brian Meek	08/05/06
140kg/308lbs	215.5/475.0	Ron Moormeister	03/28/09
140+kg/SHW			

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (65-69)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs	125.0/275.5	Jim Merlino	03/27/04
75kg/165.2lbs	140.0/308.5	Jim Merlino	12/13/03
82.5kg/181.7lbs	178.0/392.4	Rudy Lozano	01/25/09
90kg/198.2lbs	167.5/369.2	Rudy Lozano	08/06/05
100kg/220.2lbs	200.0/440.7	Larry Negriff	06/29/08
110kg/242.5lbs	205.0/451.9	Larry Negriff	01/25/09
125kg/275.5lbs	192.5/424.4	Danny Herrera	09/10/05
140kg/308.5lbs	132.5/292.1	Denny Faler	05/17/08
140+kg/SHW			

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (70-74)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs	75.0/165.2	Jim Andres	06/09/07
67.5kg/148.7lbs	82.5/181.7	Harvey Beebe	03/02/96
75kg/165.2lbs	125.0/275.5	Sonny Ronolo	03/02/96
82.5kg/181.7lbs	126.0/277.8	Alan Newman	09/09/06
90kg/198.2lbs	137.5/303.1	William Prince	04/04/09
100kg/220.2lbs	160.0/352.7	Chuck Gourley Jr.	01/19/08
110kg/242.5lbs	145.0/319.5	Randy Leonard	09/02/90
125kg/275.5lbs	165.0/363.8	Danny Herrera	08/12/07
140kg/308.5+lbs			
140+kg/SHW			

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (75-79)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs	105/231.4	Richard Simon	03/30/08
82.5kg/181.7lbs	117.5/259.0	Richard Simon	09/09/06
90kg/198.2lbs	93.0/205.0	Don Lovas	12/08/07
100kg/220.2lbs			
110kg/242.5lbs			
125kg/275.5lbs			
140kg/308.5+lbs			
140+kg/SHW			

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: : Masters (80 + Over)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs			
56kg/123.5lbs			
60kg/132.2lbs			
67.5kg/148.7lbs			
75kg/165.2lbs	87.5/192.7	Harrison Benner	11/11/00
82.5kg/181.7lbs			
90kg/198.2lbs			
100kg/220.2lbs			
110kg/242.5lbs			
125kg/275.5lbs			
140kg/308.5+lbs			
140+kg/SHW			