

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (40-44)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat	167.7	369.2	Bob Schlegel	06/22/86
	Bench Press	110.0	242.5	Jerry Kahn	05/11/85
	Deadlift	180.0	396.7	Bob Schlegel	05/04/86
	TOTAL	432.5	953.2	Bob Schlegel	06/22/86
56kg/123.5lb	Squat	205.0	451.7	Norbert Paterniti	
	Bench Press	137.5	303.0	Freddie Higgins	05/14/84
	Deadlift	217.5	479.5	Norbert Paterniti	10/13/84
	TOTAL	537.5	1184.7	Norbert Paterniti	
60kg/132.2lb	Squat	237.5	523.5	James Finch	05/04/86
	Bench Press	125.0	275.5	Iain Burgess	
	Deadlift	237.5	523.5	James Finch	05/04/86
	TOTAL	597.5	1317.0	James Finch	05/04/86
67.5kg/148.7lb	Squat	282.5	622.7	Charles Wodraska	03/16/91
	Bench Press	200.0	440.9	Darren Matsumoto	01/24/09
	Deadlift	275.0	606.2	George Niesyty	05/04/86
	TOTAL	717.5	1581.8	Darren Matsumoto	01/24/09
75kg/165.2lb	Squat	277.5	611.7	Armington Rafael	05/11/85
	Bench Press	217.5	479.5	James Rouse	11/08/80
	Deadlift	300.0	661.2	Troy Hicks	05/04/86
	TOTAL	732.5	1614.7	Armington Rafael	05/11/85
82.5kg/181.7lb	Squat	299.2	660.0	Rickey Dale Crain	02/27/93
	Bench Press	227.5	501.5	James Rouse	09/04/82
	Deadlift	327.5	722.0	Ernie Frantz	
	TOTAL	800.0	1763.5	James Rouse	09/04/82
90kg/198.2lb	Squat	345.0	760.5	Tony Johnson	06/08/86
	Bench Press	227.5	501.5	Bud Ravencroft	05/06/90
	Deadlift	325.0	716.5	Sylvester Anderson	05/23/98
	TOTAL	845.0	1862.7	Tony Johnson	06/08/86
100kg/220lb	Squat	392.5	865.2	Dennis Reed	
	Bench Press	232.5	512.5	Gene Bell	07/12/97
	Deadlift	350.0	771.5	Jerry Irvine	
	TOTAL	920.0	2028.0	Fred Hatfield	11/12/83
110kg/242lb	Squat	422.5	931.5	Ed Coan	08/11/07
	Bench Press	265.0	584.0	Gil Thompson	05/16/93
	Deadlift	380.0	837.7	Ed Coan	06/25/05
	TOTAL	1035.0	2281.7	Ed Coan	06/25/05
125kg/275lb	Squat	460.0	1014.0	Fred Hatfield	03/23/87
	Bench Press	282.5	622.8	Charles Bailey	02/16/08
	Deadlift	350.0	771.5	Jerry Irvine	
	TOTAL	1002.5	2210.1	Charles Bailey	02/16/08
140kg/308lb	Squat	400.0	881.8	Jim Hoskinson	01/24/09
	Bench Press	300.0	661.3	Jim Hoskinson	01/24/09
	Deadlift	340.0	749.5	Brent Mikesell	02/16/08
	TOTAL	1017.5	2243.2	Jim Hoskinson	01/24/09
140+kg/SHW	Squat	422.5	931.4	Beau Moore	06/25/05
	Bench Press	307.5	677.9	Beau Moore	06/25/05
	Deadlift	356.5	785.7	Ed Riley	
	TOTAL	1050.0	2314.8	Beau Moore	06/25/05

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (45-49)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat	150.0	330.5	Alex Galant	05/19/95
	Bench Press	95.0	209.2	Alex Galant	05/15/92
	Deadlift	162.5	358.0	Alex Galant	10/28/93
	TOTAL	400.0	881.7	Alex Galant	05/14/93
56kg/123.5lb	Squat	150.0	330.5	Don Moore	05/11/85
	Bench Press	100.0	220.2	Don Moore	05/11/85
	Deadlift	190.0	418.7	Fred Glass	09/04/82
	TOTAL	420.0	925.7	Don Moore	05/11/85
60kg/132.2lb	Squat	192.5	424.2	Joe Lusk	05/11/85
	Bench Press	120.5	265.5	Larry Christ	05/07/94
	Deadlift	217.5	479.5	Joe Lusk	05/11/85
	TOTAL	530.0	1168.2	Joe Lusk	05/11/85
67.5kg/148.7lb	Squat	262.5	578.5	Charlie Wodraska	02/15/92
	Bench Press	175.0	385.7	Glen Gill	
	Deadlift	260.8	574.7	Robert Cortes	
	TOTAL	650.0	1432.7	Charlie Wodraska	02/15/92
75kg/165.2lb	Squat	275.0	606.2	Don Hundley	
	Bench Press	162.5	358.0	Gordon Santee	10/10/92
	Deadlift	302.5	666.7	Don Hundley	
	TOTAL	697.5	1537.5	Don Hundley	
82.5kg/181.7lb	Squat	317.5	699.9	Anthony Conyers	06/25/05
	Bench Press	215.0	473.9	Marc Caplan	02/16/08
	Deadlift	310.0	683.2	Ernie Frantz	
	TOTAL	822.5	1813.2	Anthony Conyers	06/25/05
90kg/198.2lb	Squat	365.0	804.5	Dennis Wright	05/15/93
	Bench Press	250.0	551.0	Gene Bell	11/13/04
	Deadlift	352.5	777.0	Ernie Frantz	
	TOTAL	907.5	2000.5	Gene Bell	11/13/04
100kg/220lb	Squat	342.5	755.0	Don Mills	10/16/83
	Bench Press	235.0	518.0	Ronnie Ray	05/13/89
	Deadlift	345.0	760.5	Ernie Frantz	05/28/81
	TOTAL	890.0	1962.0	Ernie Frantz	05/28/81
110kg/242lb	Squat	337.5	744.0	Joe Seager	05/23/98
	Bench Press	235.0	518.0	Ronnie Ray	06/17/89
	Deadlift	327.5	722.0	Jerry Irvine	05/05/86
	TOTAL	822.5	1813.2	Karl Francis	
125kg/275lb	Squat	380.0	837.7	Charles Bailey	01/24/09
	Bench Press	295.0	650.3	Charles Bailey	01/24/09
	Deadlift	356.3	785.2	Chuck Braxton	09/05/82
	TOTAL	1007.5	2221.1	Charles Bailey	01/24/09
140kg/308lb	Squat	275.0	606.2	John Bible	04/09/05
	Bench Press	217.5	479.5	John Bible	04/09/05
	Deadlift	297.5	655.8	Eric Welch	09/13/08
	TOTAL	765.0	1686.5	John Bible	04/09/05
140+kg/SHW	Squat	370.0	815.5	Larry Kidney	05/17/87
	Bench Press	255.0	562.0	Sal Leonardi	05/17/87
	Deadlift	355.0	782.5	Chuck Braxton	10/05/82
	TOTAL	922.5	2033.5	Larry Kidney	05/17/87

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (50-54)**

<b>WEIGHT</b>	<b>LIFT</b>	<b>KGS</b>	<b>LBS</b>	<b>NAME</b>	<b>DATE</b>
52kg/114.5lb	Squat	107.5	236.7	Jack Bunn	10/13/84
	Bench Press	72.5	159.2	Tony Gennaro	09/04/82
	Deadlift	135.0	297.2	Jack Bunn	10/13/84
	TOTAL	300.0	661.2	Tony Gennaro	10/15/83
56kg/123.5lb	Squat	157.5	347.0	Paul Trujillo	05/13/89
	Bench Press	97.5	214.7	Paul Trujillo	05/14/88
	Deadlift	177.5	391.3	Kevin Meskew	11/22/07
	TOTAL	430.0	947.7	Paul Trujillo	05/13/89
60kg/132.2lb	Squat	182.5	402.2	Carlos Tantog	05/05/90
	Bench Press	122.5	270.0	Carlos Tantog	05/13/89
	Deadlift	200.0	440.7	Paul Trujillo	05/11/85
	TOTAL	492.5	1085.7	Carlos Tantog	05/05/90
67.5kg/148.7lb	Squat	240.0	529.0	Larry Minz	05/13/89
	Bench Press	145.0	319.5	Robert Cortes	
	Deadlift	250.0	551.0	Robert Cortes	
	TOTAL	600.0	1322.7	Robert Cortes	
75kg/165.2lb	Squat	265.0	584.0	Don Hundley	12/13/86
	Bench Press	190.0	418.7	Glen Gill	05/11/85
	Deadlift	282.5	622.7	Don Hundley	12/13/86
	TOTAL	685.0	1510.0	Jim Lem	03/28/81
82.5kg/181.7lb	Squat	300.0	661.2	Jim Lem	12/05/81
	Bench Press	175.0	385.7	Jim Lem	10/25/80
	Deadlift	285.0	628.2	Jim Lem	
	TOTAL	745.0	1642.2	Jim Lem	12/05/81
90kg/198.2lb	Squat	287.5	633.7	Bill Johnson	05/12/01
	Bench Press	182.5	402.2	David Marchett	10/15/94
	Deadlift	295.0	650.2	Dan Hamblet	05/16/93
	TOTAL	730.0	1609.2	Dan Hamblet	01/16/93
100kg/220lb	Squat	375.0	826.5	Ernie Frantz	
	Bench Press	205.0	451.7	Daniel Smith III	04/22/95
	Deadlift	335.0	738.5	Ernie Frantz	
	TOTAL	907.5	2000.5	Ernie Frantz	
110kg/242lb	Squat	312.5	688.7	James Rummell	02/15/87
	Bench Press	227.5	501.5	Ronnie Ray	05/17/92
	Deadlift	317.5	699.7	Bill Hartmann	
	TOTAL	795.0	1752.5	Ronnie Ray	05/17/92
125kg/275lb	Squat	367.5	810.0	Danny Burton	02/11/95
	Bench Press	230.0	507.0	Ronnie Ray	05/16/93
	Deadlift	305.0	672.2	Larry Kidney	07/01/90
	TOTAL	830.0	1829.7	Larry Kidney	07/01/90
140kg/308lb	Squat	277.5	611.7	George Brink	04/09/00
	Bench Press	230.0	507.1	Steve Brown	06/18/05
	Deadlift	352.5	777.0	George Brink	04/09/00
	TOTAL	812.5	1791.0	George Brink	04/09/00
140+kg/SHW	Squat	325.0	716.5	Chuck Braxton	05/14/89
	Bench Press	197.5	435.2	Chuck Braxton	05/14/89
	Deadlift	345.0	760.5	Chuck Braxton	05/15/88
	TOTAL	862.5	1901.2	Chuck Braxton	05/15/88

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (55-59)**

<b>WEIGHT</b>	<b>LIFT</b>	<b>KGS</b>	<b>LBS</b>	<b>NAME</b>	<b>DATE</b>
52kg/114.5lb	Squat	120.0	264.5	S. Perez	09/05/82
	Bench Press	77.2	170.7	S. Perez	09/05/82
	Deadlift	132.5	292.0	S. Perez	09/05/82
	TOTAL	330.0	727.5	S. Perez	09/05/82
56kg/123.5lb	Squat	137.5	303.0	Dennis Smith	05/13/89
	Bench Press	90.0	198.2	Dennis Smith	05/13/89
	Deadlift	155.0	341.5	Dennis Smith	05/13/89
	TOTAL	382.5	843.2	Dennis Smith	05/13/89
60kg/132.2lb	Squat	165.0	363.7	Carlos Tantog	05/14/93
	Bench Press	127.5	281.0	Philip Portnoy	09/25/99
	Deadlift	205.0	451.7	Phil Neyer, Jr.	02/24/90
	TOTAL	455.0	1003.0	Carlos Tantog	05/14/93
67.5kg/148.7lb	Squat	200.0	440.7	Phil Neyer, Jr.	12/13/87
	Bench Press	132.5	292.0	Robert Cortes	12/13/87
	Deadlift	245.0	540.0	Phil Neyer, Jr.	12/13/87
	TOTAL	555.0	1223.5	Robert Cortes	12/13/87
75kg/165.2lb	Squat	240.0	529.1	George Wiltshire	02/21/09
	Bench Press	182.5	402.2	Glenn Gill	05/13/89
	Deadlift	262.5	578.5	Ben Brent	05/19/95
	TOTAL	612.5	1350.3	George Wiltshire	02/21/09
82.5kg/181.7lb	Squat	290.0	639.2	Jim Lem	05/04/86
	Bench Press	180.0	396.8	Arthur Fu	03/28/09
	Deadlift	277.5	611.7	Jim Lem	05/14/88
	TOTAL	705.0	1554.0	Jim Lem	05/04/86
90kg/198.2lb	Squat	240.0	529.0	Bob Strange	05/16/92
	Bench Press	180.0	396.7	Steve Helton	06/17/89
	Deadlift	285.0	628.2	Larry McCauley	05/05/86
	TOTAL	670.0	1477.0	Larry McCauley	05/05/86
100kg/220lb	Squat	302.5	666.9	Brad King	10/06/07
	Bench Press	185.0	407.0	Ernie Nagy	
	Deadlift	305.0	672.4	Brad King	10/06/07
	TOTAL	792.5	1747.2	Brad King	10/06/07
110kg/242lb	Squat	295.0	650.2	Bill Hartmann	06/21/89
	Bench Press	192.5	424.2	Charles Fennelle	03/28/98
	Deadlift	327.5	722.0	Bill Hartmann	06/21/89
	TOTAL	787.5	1736.0	Bill Hartmann	06/21/89
125kg/275lb	Squat	277.5	611.7	Bill Hartmann	05/15/88
	Bench Press	212.5	468.0	Bob Garza	07/12/97
	Deadlift	320.0	705.2	Bill Hartmann	06/24/88
	TOTAL	780.0	1719.5	Bill Hartmann	06/24/88
140kg/308lb	Squat	320.0	705.2	Brian Meek	02/19/05
	Bench Press	230.0	507.0	Brian Meek	02/19/05
	Deadlift	287.5	633.7	Brian Meek	02/19/05
	TOTAL	837.5	1846.2	Brian Meek	02/19/05
140+kg/SHW	Squat	260.8	575.0	Charles T. Clonce	02/26/00
	Bench Press	157.5	347.0	Bruce Miller	05/19/91
	Deadlift	257.5	567.5	J. Robertson	05/16/93
	TOTAL	617.5	1361.2	J. Robertson	05/16/93

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (60-64)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat Bench Press Deadlift TOTAL				
56kg/123.5lb	Squat	135.0	297.5	D. Smith, Sr.	05/14/93
	Bench Press	80.0	176.2	D. Smith, Sr.	05/07/94
	Deadlift	162.5	358.0	Dennis Smith	10/21/95
	TOTAL	375.0	826.5	D. Smith, Sr.	05/07/94
60kg/132.2lb	Squat	150.0	330.5	Phil Neyer, Jr.	08/10/91
	Bench Press	82.5	181.7	Jack Hughes	01/31/82
	Deadlift	200.0	440.7	Phil Neyer, Jr.	08/10/91
	TOTAL	405.0	892.7	Phil Neyer, Jr.	08/10/91
67.5kg/148.7lb	Squat	182.5	402.2	Robert Cortes	05/14/93
	Bench Press	130.0	286.5	Robert Cortes	05/15/92
	Deadlift	222.5	490.5	Robert Cortes	10/27/93
	TOTAL	530.0	1168.2	Robert Cortes	05/15/92
75kg/165.2lb	Squat	240.0	529.0	Art Menton	03/25/06
	Bench Press	145.0	319.5	Art Menton	03/25/06
	Deadlift	245.0	540.0	Donald Hundley	05/11/96
	TOTAL	612.5	1350.2	Art Menton	03/25/06
82.5kg/181.7lb	Squat	272.5	600.7	Jim Lem	05/13/89
	Bench Press	127.5	281.0	Jim Lem	05/13/89
	Deadlift	265.0	584.0	Jim Lem	05/13/89
	TOTAL	665.0	1466.0	Jim Lem	05/13/89
90kg/198.2lb	Squat	272.5	600.8	Bill Johnson	08/11/07
	Bench Press	170.5	375.8	Ken Carpenter	03/19/05
	Deadlift	290.0	639.2	Larry McCauley	05/14/88
	TOTAL	697.5	1537.5	Larry McCauley	05/14/88
100kg/220lb	Squat	250.0	551.1	Bob Gaynor	11/01/08
	Bench Press	187.5	413.2	Ernie Nagy	
	Deadlift	297.5	655.8	Bob Gaynor	11/01/08
	TOTAL	722.5	1592.8	Bob Gaynor	11/01/08
110kg/242lb	Squat	277.5	611.7	Bill Hartmann	05/17/92
	Bench Press	192.5	424.3	Bob Evans	03/28/09
	Deadlift	332.5	733.0	Bill Hartmann	05/17/92
	TOTAL	777.5	1714.0	Bill Hartmann	05/17/92
125kg/275lb	Squat	290.0	639.2	Brian Meek	03/31/07
	Bench Press	197.5	435.2	Brian Meek	03/31/07
	Deadlift	255.0	562.2	Sheldon Schultz	12/02/00
	TOTAL	742.5	1636.7	Brian Meek	03/31/07
140kg/308lb	Squat	217.5	479.5	Manuel Herrera	03/19/05
	Bench Press	175.0	385.7	Manuel Herrera	03/19/05
	Deadlift	227.5	501.5	Manuel Herrera	09/06/03
	TOTAL	615.0	1355.7	Manuel Herrera	03/19/05
140+kg/SHW	Squat	190.0	418.7	Bill Walmroth	10/14/84
	Bench Press	137.5	303.0	Benjamin Glenn	05/05/86
	Deadlift	220.0	485.0	Bill Walmroth	10/14/84
	TOTAL	540.0	1190.2	Bill Walmroth	10/14/84

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (65-69)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	127.5	281.0	Jack Hughes	12/13/87
	Bench Press	77.5	170.7	Jack Hughes	04/05/86
	Deadlift	165.0	363.7	Jack Hughes	04/05/86
	TOTAL	367.5	810.0	Jack Hughes	04/05/86
67.5kg/148.7lb	Squat	182.5	402.2	Robert Cortes	10/21/95
	Bench Press	120.0	265.5	Robert Cortes	10/21/95
	Deadlift	222.5	490.5	Robert Cortes	10/21/95
	TOTAL	525.0	1157.2	Robert Cortes	10/21/95
75kg/165.2lb	Squat	242.5	534.6	Art Menton	11/15/07
	Bench Press	155.0	341.7	Art Menton	11/15/07
	Deadlift	247.5	545.5	Roy Mason	11/07/87
	TOTAL	630.0	1388.8	Art Menton	11/15/07
82.5kg/181.7lb	Squat	247.5	545.5	Jim Lem	03/26/94
	Bench Press	170.0	374.8	Rudy Lozano	06/18/05
	Deadlift	255.0	562.0	Roy Mason	05/04/86
	TOTAL	590.0	1300.5	Jim Lem	09/24/94
90kg/198.2lb	Squat	227.5	501.5	Pete Wilson	07/10/04
	Bench Press	160.0	352.5	Pete Wilson	07/10/04
	Deadlift	220.0	485.0	Martin Garry	11/20/94
	TOTAL	597.5	1317.0	Pete Wilson	07/10/04
100kg/220lb	Squat	227.5	501.5	Roy Erikson	12/13/08
	Bench Press	165.0	363.7	Ernie Nagy	05/13/89
	Deadlift	260.0	573.0	Felix Nicholson	11/22/92
	TOTAL	615.0	1355.7	Felix Nicholson	11/22/92
110kg/242lb	Squat	170.0	374.7	Randy Leonard	
	Bench Press	142.8	314.0	Randy Leonard	
	Deadlift	200.5	442.0	Jack Lano	05/15/88
	TOTAL	497.5	1096.7	Randy Leonard	
125kg/275lb	Squat	245.0	540.0	Danny Herrera	09/18/04
	Bench Press	190.0	418.7	Danny Herrera	09/18/04
	Deadlift	227.5	501.5	Danny Herrera	06/14/03
	TOTAL	640.0	1410.7	Danny Herrera	09/18/04
140kg/308lb	Squat	172.5	380.3	Alan Siegel	06/23/03
	Bench Press	105.0	231.5	Alan Siegel	06/23/03
	Deadlift	182.5	402.3	Alan Siegel	06/23/03
	TOTAL	460.0	1014.1	Alan Siegel	06/23/03
140+kg/SHW	Squat	160.0	352.5	Bill Walmroth	05/17/92
	Bench Press	120.0	264.5	Bill Walmroth	05/17/92
	Deadlift	160.0	352.5	Bill Walmroth	05/17/92
	TOTAL	440.0	970.0	Bill Walmroth	05/17/92

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (70-74)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat	117.5	259.0	Jack Hughes	03/09/91
	Bench Press	70.0	154.2	Jack Hughes	03/09/91
	Deadlift	152.5	336.0	Jack Hughes	03/09/91
	TOTAL	332.5	733.0	Jack Hughes	03/09/91
67.5kg/148.7lb	Squat	172.5	380.2	Robert Cortes	05/12/01
	Bench Press	117.5	259.0	Robert Cortes	05/12/01
	Deadlift	217.5	479.5	Robert Cortes	05/12/01
	TOTAL	507.5	1118.7	Robert Cortes	05/12/01
75kg/165.2lb	Squat	157.5	347.0	Bill Decker	05/05/90
	Bench Press	107.5	237.0	Robert Cortes	06/18/05
	Deadlift	240.0	529.0	Roy Mason	05/16/92
	TOTAL	460.0	1014.1	Robert Cortes	06/18/05
82.5kg/181.7lb	Squat	160.0	352.7	Donald Torrence	09/27/08
	Bench Press	125.5	276.6	Richard Simon	02/19/06
	Deadlift	232.5	512.5	Roy Mason	05/05/90
	TOTAL	432.5	953.4	Donald Torrence	09/27/08
90kg/198.2lb	Squat	205.0	451.7	Pete Wilson	03/31/07
	Bench Press	150.0	330.5	Pete Wilson	03/31/07
	Deadlift	210.0	462.7	Malcolm Richards	11/22/92
	TOTAL	547.5	1207.0	Pete Wilson	03/31/07
100kg/220lb	Squat	175.0	385.7	Joe Wargo	
	Bench Press	147.5	325.2	Pete Wilson	03/30/08
	Deadlift	182.5	402.2	Henri Soudieres	
	TOTAL	455.0	1003.0	Jim Witt	05/11/85
110kg/242lb	Squat	205.0	451.7	Howard Stupp	10/18/84
	Bench Press	117.5	259.0	Victor Starke	05/19/95
	Deadlift	227.5	501.5	Howard Stupp	05/05/86
	TOTAL	540.0	1190.2	Howard Stupp	05/05/86
125kg/275lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140kg/308lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140+kg/SHW	Squat				
	Bench Press				
	Deadlift				
	TOTAL				

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (75-79)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat	90.0	198.2	Roy Mason	10/21/95
	Bench Press	25.0	55.0	Roy Mason	10/21/95
	Deadlift	200.0	440.7	Roy Mason	10/21/95
	TOTAL	315.0	694.2	Roy Mason	10/21/95
75kg/165.2lb	Squat	155.0	341.5	Robert Cortes	03/25/06
	Bench Press	107.5	237.0	Robert Cortes	03/25/06
	Deadlift	201.0	443.1	Robert Cortes	03/31/07
	TOTAL	462.5	1019.5	Robert Cortes	03/25/06
82.5kg/181.7lb	Squat	127.5	281.1	Richard Simon	08/11/07
	Bench Press	117.5	259.0	Richard Simon	09/09/06
	Deadlift	142.5	314.0	Richard Simon	09/09/06
	TOTAL	385.0	848.7	Richard Simon	09/09/06
90kg/198.2lb	Squat	150.0	330.5	Charles Lee	10/21/95
	Bench Press	115.0	253.5	Charles Lee	10/21/95
	Deadlift	200.0	440.7	Charles Lee	10/21/95
	TOTAL	465.0	1025.0	Charles Lee	10/21/95
100kg/220lb	Squat	147.5	325.0	Henri Soudieres	09/05/82
	Bench Press	97.5	214.7	Henri Soudieres	05/05/86
	Deadlift	182.5	402.2	Henri Soudieres	09/05/82
	TOTAL	425.0	936.7	Henri Soudieres	09/05/82
110kg/242lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140kg/308lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140+kg/SHW	Squat				
	Bench Press				
	Deadlift				
	TOTAL				

**UNITED STATES POWERLIFTING FEDERATION**  
**American Records - Men**

**Category: Masters (80 + Over)**

<u>WEIGHT</u>	<u>LIFT</u>	<u>KGS</u>	<u>LBS</u>	<u>NAME</u>	<u>DATE</u>
52kg/114.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
56kg/123.5lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
60kg/132.2lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
67.5kg/148.7lb	Squat	55.0	121.2	Paul Rainwater	06/26/04
	Bench Press	47.5	104.5	Paul Rainwater	06/26/04
	Deadlift	105.0	231.2	Paul Rainwater	06/26/04
	TOTAL	207.5	457.2	Paul Rainwater	06/26/04
75kg/165.2lb	Squat	85.0	187.2	James Messer	
	Bench Press	30.0	66.0	James Messer	
	Deadlift	120.0	264.5	James Messer	
	TOTAL	232.5	512.5	James Messer	
82.5kg/181.7lb	Squat	92.5	203.7	Henri Soudieres	
	Bench Press	77.5	170.7	Henri Soudieres	
	Deadlift	120.0	264.5	Henri Soudieres	
	TOTAL	285.0	628.2	Henri Soudieres	
90kg/198.2lb	Squat	120.0	264.5	Joseph Kurpiel	
	Bench Press	80.0	176.2	Joseph Kurpiel	
	Deadlift	160.0	352.5	Joseph Kurpiel	
	TOTAL	355.0	782.5	Joseph Kurpiel	
100kg/220lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
110kg/242lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
125kg/275lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140kg/308lb	Squat				
	Bench Press				
	Deadlift				
	TOTAL				
140+kg/SHW	Squat				
	Bench Press				
	Deadlift				
	TOTAL				