

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

**Category: : Masters (40-44)**

| <b><u>Weight Class</u></b> | <b><u>Kgs/Lbs</u></b> | <b><u>Name</u></b>    | <b><u>Date</u></b> |
|----------------------------|-----------------------|-----------------------|--------------------|
| <b>44kg/97lbs</b>          | 102.5/225.7           | Carol Meskew          | 10/07/89           |
| <b>48kg/105.7lbs</b>       | 122.5/270.0           | Alexandra Vallejo     | 05/19/07           |
| <b>52kg/114.5lbs</b>       |                       |                       |                    |
| <b>56kg/123.5lbs</b>       | 117.5/259.0           | Georgiann Puckett     | 12/13/08           |
| <b>60kg/132.2lbs</b>       | 100.0/220.4           | Georgiann Puckett     | 08/02/08           |
| <b>67.5kg/148.7lbs</b>     | 166.0/365.9           | Monica Sparango       | 09/08/07           |
| <b>75kg/165.2lbs</b>       | 157.5/347.0           | Tanya Reed            | 03/25/06           |
| <b>82.5kg/181.7lbs</b>     | 95.0/209.4            | Zhalynn "Zee" Helmick | 04/04/09           |
| <b>90kg/198.2lbs</b>       | 240.0/529.0           | Angela Martinez       | 08/05/06           |
| <b>90+kg/198.2+lbs</b>     | 162.5/358.0           | Nicki l'Anson         | 03/31/07           |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

**Category: : Masters (45-49)**

| <b><u>Weight Class</u></b> | <b><u>Kgs/Lbs</u></b> | <b><u>Name</u></b> | <b><u>Date</u></b> |
|----------------------------|-----------------------|--------------------|--------------------|
| <b>44kg/97lbs</b>          | 145.0/319.5           | Imelda Fowler      | 10/21/06           |
| <b>48kg/105.7lbs</b>       |                       |                    |                    |
| <b>52kg/114.5lbs</b>       | 105.5/232.5           | Bonnie Aerts       | 07/12/08           |
| <b>56kg/123.5lbs</b>       | 127.5/281.0           | Deb Johnson        | 05/17/97           |
| <b>60kg/132.2lbs</b>       | 127.5/281.0           | Janet May          | 09/13/97           |
| <b>67.5kg/148.7lbs</b>     | 125.0/275.5           | Jana Sullinger     | 08/28/04           |
| <b>75kg/165.2lbs</b>       | 140.0/308.5           | Sherry Strozza     | 05/28/06           |
| <b>82.5kg/181.7lbs</b>     | 185.0/407.8           | Tanya P. Reed      | 01/25/09           |
| <b>90kg/198.2lbs</b>       | 182.5/402.3           | Karen Black        | 06/14/08           |
| <b>90+kg/198.2+lbs</b>     | 182.5/402.2           | Linda DeVaney      | 12/10/89           |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

**Category: : Masters (50-54)**

| <u>Weight Class</u>    | <u>Kgs/Lbs</u> | <u>Name</u>        | <u>Date</u> |
|------------------------|----------------|--------------------|-------------|
| <b>44kg/97lbs</b>      |                |                    |             |
| <b>48kg/105.7lbs</b>   |                |                    |             |
| <b>52kg/114.5lbs</b>   | 47.5/104.5     | Patricia Escapule  | 01/29/05    |
| <b>56kg/123.5lbs</b>   | 132.5/292.1    | Sabra Lucchesi     | 02/19/06    |
| <b>60kg/132.2lbs</b>   | 135.0/297.5    | Jo Walker          | 09/13/97    |
| <b>67.5kg/148.7lbs</b> | 105.0/231.2    | Kathy Andrews      | 09/09/06    |
| <b>75kg/165.2lbs</b>   |                |                    |             |
| <b>82.5kg/181.7lbs</b> | 115.0/253.5    | Gretchen Slover    | 02/19/06    |
| <b>90kg/198.2lbs</b>   | 122.5/270.0    | Gretchen Slover    | 03/25/06    |
| <b>90+kg/198.2+lbs</b> | 112.5/248.0    | Mary Rubcic-Tawzer | 10/20/07    |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

**Category: : Masters (55-59)**

| <u>Weight Class</u> | <u>Kgs/Lbs</u> | <u>Name</u>    | <u>Date</u> |
|---------------------|----------------|----------------|-------------|
| 44kg/97lbs          |                |                |             |
| 48kg/105.7lbs       |                |                |             |
| 52kg/114.5lbs       | 122.5/270.0    | Chris Baeta    | 05/20/06    |
| 56kg/123.5lbs       |                |                |             |
| 60kg/132.2lbs       |                |                |             |
| 67.5kg/148.7lbs     |                |                |             |
| 75kg/165.2lbs       |                |                |             |
| 82.5kg/181.7lbs     | 100.0/220.2    | Cynthia Ader   | 09/26/98    |
| 90kg/198.2lbs       | 165.0/363.8    | Karen Polansky | 08/06/05    |
| 90+kg/198.2+lbs     |                |                |             |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

Category: : Masters (60-64)

| <u>Weight Class</u> | <u>Kgs/Lbs</u> | <u>Name</u>    | <u>Date</u> |
|---------------------|----------------|----------------|-------------|
| 44kg/97lbs          |                |                |             |
| 48kg/105.7lbs       |                |                |             |
| 52kg/114.5lbs       |                |                |             |
| 56kg/123.5lbs       |                |                |             |
| 60kg/132.2lbs       |                |                |             |
| 67.5kg/148.7lbs     | 102.5/225.7    | Danni Eldridge | 01/29/05    |
| 75kg/165.2lbs       |                |                |             |
| 82.5kg/181.7lbs     |                |                |             |
| 90kg/198.2lbs       |                |                |             |
| 90+kg/198.2+lbs     |                |                |             |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

**Category: : Masters (65-69)**

| <b><u>Weight Class</u></b> | <b><u>Kgs/Lbs</u></b> | <b><u>Name</u></b> | <b><u>Date</u></b> |
|----------------------------|-----------------------|--------------------|--------------------|
| <b>44kg/97lbs</b>          |                       |                    |                    |
| <b>48kg/105.7lbs</b>       |                       |                    |                    |
| <b>52kg/114.5lbs</b>       |                       |                    |                    |
| <b>56kg/123.5lbs</b>       | 47.5/104.5            | Opal Belanger      | 03/31/07           |
| <b>60kg/132.2lbs</b>       |                       |                    |                    |
| <b>67.5kg/148.7lbs</b>     | 85.0/187.2            | Ene Purre          | 01/29/06           |
| <b>75kg/165.2lbs</b>       | 75.0/165.2            | Bunny Olds         | 06/09/07           |
| <b>82.5kg/181.7lbs</b>     |                       |                    |                    |
| <b>90kg/198.2lbs</b>       | 107.5/237.0           | Dorothy Rawe       | 08/13/05           |
| <b>90+kg/198.2+lbs</b>     |                       |                    |                    |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

Category: : Masters (70-74)

| <u>Weight Class</u> | <u>Kgs/Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|----------------|-------------|-------------|
| 44kg/97lbs          |                |             |             |
| 48kg/105.7lbs       |                |             |             |
| 52kg/114.5lbs       |                |             |             |
| 56kg/123.5lbs       |                |             |             |
| 60kg/132.2lbs       |                |             |             |
| 67.5kg/148.7lbs     | 80.0/176.2     | Ene Purre   | 08/19/06    |
| 75kg/165.2lbs       |                |             |             |
| 82.5kg/181.7lbs     |                |             |             |
| 90kg/198.2lbs       |                |             |             |
| 90+kg/198.2+lbs     |                |             |             |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

**Category: : Masters (75-79)**

| <u>Weight Class</u> | <u>Kgs/Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|----------------|-------------|-------------|
| 44kg/97lbs          |                |             |             |
| 48kg/105.7lbs       |                |             |             |
| 52kg/114.5lbs       |                |             |             |
| 56kg/123.5lbs       |                |             |             |
| 60kg/132.2lbs       |                |             |             |
| 67.5kg/148.7lbs     |                |             |             |
| 75kg/165.2lbs       |                |             |             |
| 82.5kg/181.7lbs     |                |             |             |
| 90kg/198.2lbs       |                |             |             |
| 90+kg/198.2+lbs     |                |             |             |

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Deadlift -- Women

Category: : Masters (80 + Over)

| <u>Weight Class</u> | <u>Kgs/Lbs</u> | <u>Name</u> | <u>Date</u> |
|---------------------|----------------|-------------|-------------|
| 44kg/97lbs          |                |             |             |
| 48kg/105.7lbs       |                |             |             |
| 52kg/114.5lbs       |                |             |             |
| 56kg/123.5lbs       |                |             |             |
| 60kg/132.2lbs       |                |             |             |
| 67.5kg/148.7lbs     |                |             |             |
| 75kg/165.2lbs       |                |             |             |
| 82.5kg/181.7lbs     |                |             |             |
| 90kg/198.2lbs       |                |             |             |
| 90+kg/198.2+lbs     |                |             |             |