

UNITED STATES POWERLIFTING FEDERATION

American Records -- Single Lift

Bench Press -- Men

Category: Open

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs	142.5/314.0	C. Holeyfield	08/16/92
56kg/123.5lbs	147.5/325.0	Kerwin Unten	02/22/97
60kg/132.2lbs	162.5/358.0	Jim Lawrence	02/17/90
67.5kg/148.7lbs	215.0/473.7	Greg Warr	02/22/97
75kg/165.2lbs	232.5/512.5	Gregg Warr	03/11/95
82.5kg/181.7lbs	245.0/540.0	Bob Masello	06/28/08
90kg/198.2lbs	287.5/633.8	James Burdette	09/13/08
100kg/220.2lbs	290.0/639.3	Ryan Celli	08/23/08
110kg/242.5lbs	300/661.4	Michael Green	05/03/08
125kg/275.5lbs	305.5/673.5	Scott Hoekstra	03/30/08
140.0kg/308lbs	337.5/744.0	Jeff Peshek	08/19/06
140+kg/SHW	350.0/771.5	Brian Siders	09/18/05