

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Bench Press -- Women

Category: : Open

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
44kg/97lbs	82.5/181.7	Delcy Palk	02/22/97
48kg/105.7lbs	75.0/165.2	Christine Moorman	02/22/97
52kg/114.5lbs	102.5/225.7	Mary Jeffrey	06/12/99
56kg/123.5lbs	100.0/220.2	Jeri Lippert	03/02/96
60kg/132.2lbs	147.5/325.1	Christina Williams	01/31/09
67.5kg/148.7lbs	140.0/308.5	Mari Asp	08/28/04
75kg/165.2lbs	157.5/347.2	Mari Asp	08/13/05
82.5kg/181.7lbs	150.0/330.5	Kelly Womack	10/23/05
90kg/198.2lbs	140.0/308.5	Angela Martinez	08/05/06
90+kg/198.2+lbs	157.5/347.2	Janet Loveall	12/13/08