

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Bench Press -- Men

Category: : Submasters (35-39)

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
52kg/114.5lbs	95.0/209.2	Glenn Murphy	02/22/97
56kg/123.5lbs	122.5/270.0	Jay Hadden	03/29/08
60kg/132.2lbs	157.5/347.0	Jim Lawrence	03/02/96
67.5kg/148.7lbs	177.5/391.2	Michael Hara	03/02/96
75kg/165.2lbs	188.5/415.5	Steve Ward	12/19/99
82.5kg/181.7lbs	245.0/540.0	Bob Masello	06/28/08
90kg/198.2lbs	287.5/633.8	James Burdette	09/13/08
100kg/220.2lbs	230.5/508.1	John De Luca	01/25/09
110kg/242.5lbs	300/661.4	Michael Green	05/03/08
125kg/275.5lbs	322.5/711.0	Allen Baria	04/19/08
140k/308lbs	282.5/622.8	Scott Cartwright	08/06/05
140+kg/SHW	282.5/622.7	Thad Coleman	08/02/08