

# UNITED STATES POWERLIFTING FEDERATION

## American Records -- Single Lift

### Bench Press -- Women

**Category:: Submasters (35-39)**

<u>Weight Class</u>	<u>Kgs/Lbs</u>	<u>Name</u>	<u>Date</u>
<b>44kg/97lbs</b>			
<b>48kg/105.7lbs</b>	72.0/158.7	Anna James	03/02/96
<b>52kg/114.5lbs</b>	102.5/225.7	Mary Jeffrey	06/12/99
<b>56kg/123.5lbs</b>	107.5/236.7	Susan Rinn	03/24/01
<b>60kg/132.2lbs</b>	95.0/209.2	Lynda Shendow	02/28/98
<b>67.5kg/148.7lbs</b>	90.0/198.4	Karen Matthews	11/25/07
<b>75kg/165.2lbs</b>	125.0/275.5	Linda Blackburn	04/29/00
<b>82.5kg/181.7lbs</b>	77.5/170.7	Gillian Lewis	07/31/99
<b>90kg/198.2lbs</b>	97.5/214.7	Amy Johnston	02/22/97
<b>90+kg/198.2+lbs</b>	157.5/347.2	Janet Loveall	12/13/08