

USPF Military Nationals  
 May 23, 2009  
 Venice Beach, CA

Place	NAME	Military Branch	Bdy Wght	Age	Best Squat	Best Bench	Best Deadlift	Total lb
<b>USPF Military National Powerlifting</b>								
<b>148 Junior Women 20-23</b>								
1	Erin Carpenter	US Marines	143.00	22	209.44	121.25	248.02	578.71
<b>165 Junior Men 20-23</b>								
1	Eric Olmstead	US Navy	161.00	22	473.99	325.18	501.55	1300.71
<b>242 Junior Men 20-23</b>								
1	Cory Neumann	US Marines	239.00	22	529.10	435.41	617.29	1581.80
<b>148 Open Men</b>								
1	Matthew Garcia	US Marines	148.00	29	325.18	264.55	485.01	1074.74
<b>198 Open Men</b>								
1	Patrick Madayag	US Coast Guard	195.00	32	578.71	391.32	578.71	1548.73
2	James Simmons	US Air Force	198.00	29	551.15	418.87	578.71	1548.73
3	Anthony Day	US Marines	198.00	33	468.48	330.69	512.57	1311.74
4	Sean Yargus	US Air Force	192.50	31	501.55	314.16	485.01	1300.71
<b>220 Open Men</b>								
1	Gary Grissinger	US Navy Retired	215.00	47	573.20	446.43	600.75	1620.38
2	Paul Nicholas	US Marines	214.00	28	501.55	402.34	600.75	1504.64
<b>242 Open Men</b>								
1	Keith Mitchell	Army Guard	242.00	40	694.45	457.45	699.96	1851.86
<b>165 Submaster Men</b>								
1	Matthew Reep	US Marines	160.00	35	385.81	336.20	446.43	1168.44
<b>220 Master Men 45-49</b>								
1	Gary Grissinger	US Navy Retired	215.00	47	573.20	446.43	600.75	1620.38
<b>USPF Military National Benchpress</b>								
<b>181 Junior Men 20-23</b>								
1	Zach Miller	US Marines	181.00	21		369.27		369.27
<b>165 Open Men</b>								
1	Matthew Reep	US Marines	160.00	35		336.20		336.20
<b>181 Open Men</b>								
1	Rudy Garcia	US Air Force	177.00	34		385.81		385.81
<b>308+ Open Men</b>								
1	Bailey Thompson	US Navy	331.50	35		540.13		540.13

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	<b>165 Submaster Men</b>							
1	Matthew Reep	US Marines	160.00	35		336.20		336.20
	<b>308+ Submaster Men</b>							
1	Bailey Thompson	US Navy	331.50	35		540.13		540.13
	<b>242 Master Men 65-69</b>							
1	Daniel Smith III	US Marines Ret	236.50	65		402.34		402.34
	<b>275 Master Men 50-54</b>							
1	Steve Denning	Coast Guard Ret	247.50	53		352.74		352.74
<b>Military National Deadlift</b>								
	<b>198 Master Men 55-59</b>							
1	Phillip Ellis	Army Guard	190.00	59		336.20		336.20
<b>Military National Push-Pull</b>								
	<b>198 Junior Men 20-23</b>							
1	Phillip Thompson	US Marines	198.00	23		303.13	501.55	804.68
	<b>220 Junior Men 20-23</b>							
1	Rob Schroeder	US Marines	220.50	20		292.11	468.48	760.59
	<b>220 Open Men</b>							
1	Paul Nicholas	US Marines	214.00	28		402.34	600.75	1003.09
2	Eduardo Rojas	US Air Force	202.00	28		396.83	573.20	970.02
	<b>220 Master Men 45-49</b>							
	Gary Grissinger	US Navy Retired	215.00	47		446.43	600.75	1047.19
Thanks to Joe Wheatley for promoting and hosting the Military Nationals at Muscle Beach								
Thanks to all our Referees who gave of their time.								
Jim Merlino, National Referee								
Jose Hernandez, State Referee								
Steve Denison, International Referee								
Kelli LaMantia, State Referee								
David Foster, State Referee								
Thanks to our spotters/loaders from Phoenix House!								
Thanks to our announcer, Chuck LaMantia								
Thanks to Tom Miller and Kellie LaMantia--Score cards								

